

# ANNUAL Goal Planner



YEAR:

## GOAL #1:

I WANT THIS BECAUSE:

⌚ DEADLINE:

### MILESTONES

### ACTION STEPS

- .....
- .....
- .....
- .....

- .....
- .....
- .....
- .....

## GOAL #2:

I WANT THIS BECAUSE:

⌚ DEADLINE:

### MILESTONES

### ACTION STEPS

- .....
- .....
- .....
- .....

- .....
- .....
- .....
- .....

SPECIFIC / MEASURABLE / ATTAINABLE / RELEVANT / TIME-ORIENTED

# ANNUAL Goal Planner



YEAR:

## GOAL #3:

I WANT THIS BECAUSE:

🕒 DEADLINE:

### MILESTONES

### ACTION STEPS

- .....
- .....
- .....
- .....

- .....
- .....
- .....
- .....

## GOAL #4:

I WANT THIS BECAUSE:

🕒 DEADLINE:

### MILESTONES

### ACTION STEPS

- .....
- .....
- .....
- .....

- .....
- .....
- .....
- .....

SPECIFIC / MEASURABLE / ATTAINABLE / RELEVANT / TIME-ORIENTED

# ANNUAL Goal Planner



YEAR:

## GOAL #5:

I WANT THIS BECAUSE:

🕒 DEADLINE:

### MILESTONES

### ACTION STEPS

- .....
- .....
- .....
- .....

- .....
- .....
- .....
- .....

## GOAL #6:

I WANT THIS BECAUSE:

🕒 DEADLINE:

### MILESTONES

### ACTION STEPS

- .....
- .....
- .....
- .....

- .....
- .....
- .....
- .....

SPECIFIC / MEASURABLE / ATTAINABLE / RELEVANT / TIME-ORIENTED

QUARTER 1

JANUARY

FOCUS:

- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_

FEBRUARY

FOCUS:

- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_

MARCH

FOCUS:

- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_

QUARTER 2

APRIL

FOCUS:

- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_

MAY

FOCUS:

- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_

JUNE

FOCUS:

- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_

## QUARTER 3

### JULY

FOCUS:



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### AUGUST

FOCUS:



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### SEPTEMBER

FOCUS:



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## QUARTER 4

### OCTOBER

FOCUS:



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### NOVEMBER

FOCUS:



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### DECEMBER

FOCUS:



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# QUARTERLY Goal Planner

|  |
|--|
|  <b>YEAR:</b> |
|  |

## GOALS FOR QUARTER 1

|                       |       |                       |       |
|-----------------------|-------|-----------------------|-------|
| <input type="radio"/> | ..... | <input type="radio"/> | ..... |
| <input type="radio"/> | ..... | <input type="radio"/> | ..... |
| <input type="radio"/> | ..... | <input type="radio"/> | ..... |

### JANUARY

| ACTION STEPS:         | DUE DATE: |
|-----------------------|-----------|
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |


### FEBRUARY

| ACTION STEPS:         | DUE DATE: |
|-----------------------|-----------|
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |

### MARCH

| ACTION STEPS:         | DUE DATE: |
|-----------------------|-----------|
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |

# QUARTERLY Goal Planner

|   |
|---|
|  YEAR: |
|   |

## GOALS FOR QUARTER 2


|                       |       |                       |       |
|-----------------------|-------|-----------------------|-------|
| <input type="radio"/> | ..... | <input type="radio"/> | ..... |
| <input type="radio"/> | ..... | <input type="radio"/> | ..... |
| <input type="radio"/> | ..... | <input type="radio"/> | ..... |

| APRIL                 |           |
|-----------------------|-----------|
| ACTION STEPS:         | DUE DATE: |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |

| MAY                   |           |
|-----------------------|-----------|
| ACTION STEPS:         | DUE DATE: |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |

| JUNE                  |           |
|-----------------------|-----------|
| ACTION STEPS:         | DUE DATE: |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |

# QUARTERLY Goal Planner

|  |
|--|
|  <b>YEAR:</b> |
|  |

## GOALS FOR QUARTER 3

|                       |       |                       |       |
|-----------------------|-------|-----------------------|-------|
| <input type="radio"/> | ..... | <input type="radio"/> | ..... |
| <input type="radio"/> | ..... | <input type="radio"/> | ..... |
| <input type="radio"/> | ..... | <input type="radio"/> | ..... |


| JULY                  |           |
|-----------------------|-----------|
| ACTION STEPS:         | DUE DATE: |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |

| AUGUST                |           |
|-----------------------|-----------|
| ACTION STEPS:         | DUE DATE: |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |

| SEPTEMBER             |           |
|-----------------------|-----------|
| ACTION STEPS:         | DUE DATE: |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |



# QUARTERLY Goal Planner

|   |
|---|
|  YEAR: |
|   |

## GOALS FOR QUARTER 4

|                       |       |                       |       |
|-----------------------|-------|-----------------------|-------|
| <input type="radio"/> | ..... | <input type="radio"/> | ..... |
| <input type="radio"/> | ..... | <input type="radio"/> | ..... |
| <input type="radio"/> | ..... | <input type="radio"/> | ..... |

| OCTOBER               |           |
|-----------------------|-----------|
| ACTION STEPS:         | DUE DATE: |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |

| NOVEMBER              |           |
|-----------------------|-----------|
| ACTION STEPS:         | DUE DATE: |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |

| DECEMBER              |           |
|-----------------------|-----------|
| ACTION STEPS:         | DUE DATE: |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |
| <input type="radio"/> | .....     |

# MONTHLY Goal Planner

 MONTH: \_\_\_\_\_

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
|     |     |     |     |     |     |     |
|     |     |     |     |     |     |     |
|     |     |     |     |     |     |     |
|     |     |     |     |     |     |     |
|     |     |     |     |     |     |     |

MY MAIN FOCUS THIS MONTH:

**GOAL #1**

**ACTION STEPS:**

- .....
- .....
- .....
- .....
- .....

**GOAL #2**

**ACTION STEPS:**

- .....
- .....
- .....
- .....
- .....

**GOAL #3**

**ACTION STEPS:**

- .....
- .....
- .....
- .....
- .....

